



# Total Foot Protection Ltd

## EMERGENCY FIRST AID AT WORK (EFAW) COURSE

12TH APRIL 2019  
09:00 - 17:00hrs

Contact the office for booking information  
Call 01403 791000 or E-Mail [marc.harrold@totalfootprotection.co.uk](mailto:marc.harrold@totalfootprotection.co.uk)

We are delighted to announce our second event of 2019 which will be a First Aid course.

The Emergency First Aid at Work (EFAW) qualification, is fully regulated level 3 qualification and is recognised by the Health & Safety Executive and insurance companies.

On completion of the training a successful candidate will be able to,

- understand the role of the first aider, including reference to:
  - the importance of preventing cross infection
  - the need for recording incidents and actions
  - use of available equipment
- assess the situation and circumstances in order to act safely, promptly and effectively in an emergency
- administer first aid to an adult casualty who is unconscious (including seizure)
- administer cardiopulmonary resuscitation to an adult, including using an AED
- administer first aid to an adult casualty who is choking
- administer first aid to an adult casualty who is wounded and bleeding
- administer first aid to an adult casualty who is suffering from shock
- provide appropriate first aid for minor injuries (including small cuts, grazes and bruises, minor burns and scalds, small splinters)

The course will run between 0900 – 1700hrs and will include refreshments, lunch, course manual and certificate.

The cost of the course is £75.00 + VAT and is limited to 12 places, so book early to avoid disappointment.